



JBR FITNESS STUDIO



GYM RULES – JBR FITNESS STUDIO

- 1. ARRIVAL & TIMING :** The gym is open from 6:00 AM to 11:00 pm on all days. Members must vacate the premises by closing time.
- 2. MEMBERSHIP POLICY :** Membership is provided only for adults over 18 years old. Membership is strictly non-transferable. Members must carry their membership card and present it at the front desk upon every visit. Loss of card must be reported immediately.
- 3. ATTIRE :** Appropriate athletic attire must be worn at all times. Closed-toe sports shoes are mandatory in all workout areas. Entry will be denied to members wearing sandals, slippers, or bare feet.
- 4. SAFETY :** management not provided Trainer. member /guest has to take care on your own safety while using gym equipment's. Hotel management will not be liable for any health issue /incident /accident.

As a courtesy to other user, it is requested that please return the equipment to the original place after use .
- 4. LIABILITY OF MEMBER'S BELONGINGS:** The management is not responsible for any loss or damage to the member's personal belongings due to negligence of the member or any other cause including theft or pilferage from the premises.
- 7. RIGHTS TO ADMISSION :** The management reserves the absolute right of admission to any person on the premises, and to request any member to vacate the facility at any moment without prior notice or assigning any reason whatsoever. In case of default, the management is entitled to remove the member's belongings from the premises.
- 8. CONDUCT :** Members are expected to treat fellow members, guests, and staff with courtesy and respect. Harassment, intimidation, abusive language, or discriminatory behaviour of any kind will not be tolerated and will result in immediate termination of membership.
- 9. THE FOLLOWING ARE STRICTLY NOT PERMITTED IN THE GYM PREMISES :**

Pets/Animals * Outside food or beverages (except sealed water bottles) * Alcohol, tobacco, smoking, or vaping * Illegal substances or non-prescribed performance-enhancing drugs * Fire arms or dangerous weapons * Inflammatory or combustible materials * Photography or video recording of other members without consent * Children below 18 years in workout areas.
- 10. SECURITY CHECK :** For the safety of all members, random checking may be conducted at any given point of time. Members are requested to co-operate with the security staff.
- 11. VISITORS RESTRICTED :** Visitors are not allowed inside the gym premises under any circumstances.
- 12. PAYMENT AND DUES :** Membership fees are due on **10th** of each month. In case of default in payment, the management reserves the right to suspend or terminate membership without prior notice. Fees once paid are non-refundable.
- 13. LOCKER & KEY POLICY :** Lockers are provided for daily use only. Members are advised not to leave valuables in lockers. If a locker key is lost or misplaced, the member shall be liable to pay a minimum of **Rs. 500** for replacement. Overnight storage without prior arrangement is not permitted.
- 14. AMENDMENT OF RULES :** The management reserves the right to add, alter, or amend any of the mentioned terms, conditions, and rules at any point of time without prior notice. Members cannot hold any legal claim against the management. Disputes, if any, are subject to local jurisdiction only.

"SMOKING, ALCOHOLISM AND DRUG USE IS STRICTLY PROHIBITED IN THE PREMISES"

**The Member consents that He/She has gone through the rules mentioned above,
understands and accepts to abide by the same.**

Management
**JBR FITNESS STUDIO
RAMANATHAPURAM**